

# STAND! - The Breastplate of Righteousness

## September 19, 2021 Don Williams

### Ephesians 6:10-20

*"Finally, be strong in the Lord and in his mighty power. <sup>11</sup> Put on the full armor of God, so that you can take your stand against the devil's schemes. <sup>12</sup> For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. <sup>13</sup> Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand.*

<sup>14</sup> Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place..."

### Proverbs 4:23

*"Above all else, guard your heart, for everything you do flows from it."*

### **What is Righteousness?**

Righteousness: to be or do what is right.

### **Our POSITION of Righteousness**

### 2 Corinthians 5:21

*"God made Him who had no sin to be sin for us, so that in him we might become the righteousness of God."*

### **Our PRACTICE of Righteousness**

#### **Being Righteous on Earth...**

- Is about Spirit cooperation not self determination
- Is about doing what IS right not what FEELS right

#### **Preventing a Heart Attack**

#### **#1 Eat Right**

### Ephesians 4:17-19

*"So I tell you this, and insist on it in the Lord, that you must no longer live as the Gentiles do, in the futility of their thinking. <sup>18</sup> They are darkened in their understanding and separated from the life of God because of the ignorance that is in them due to the hardening of their hearts. <sup>19</sup> Having lost all sensitivity, they have given themselves over to sensuality so as to indulge in every kind of impurity, and they are full of greed."*

#### **#2 Think Differently**

### Ephesians 4:20-24

*"That, however, is not the way of life you learned <sup>21</sup> when you heard about Christ and were taught **in him** in accordance with the truth that is **in Jesus**. <sup>22</sup> You were*

*taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; <sup>23</sup> to be made new in the attitude of your minds; <sup>24</sup> and to put on the new self, created to be like God in true righteousness and holiness."*

*Thinking RIGHT about ourselves will produce the RIGHTEOUSNESS of God in our lives.*

#### **#3 Stay Current**

### Ephesians 4:25-28

*"Therefore each of you must put off falsehood and speak truthfully to your neighbor, for we are all members of one body. <sup>26</sup> "In your anger do not sin": Do not let the sun go down while you are still angry, <sup>27</sup> and do not give the devil a foothold"*

*Irritation in the heart of a believer is always an invitation to the devil to stand by for his next opportunity.*

#### **#4 Exercise Self Control**

### Ephesians 5:29-32

*"Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according*

