## Psalm 119:1-2

"Blessed are those whose ways are blameless, who walk according to the law of the Lord. ${ }^{2}$ Blessed are those who keep his statutes and seek him with all their heart-"

## Psalm 119:9

How can a young person stay on the path of purity? By living according to your word.

## Psalm 119:11

"I have hidden your word in my heart that I might not sin against you."

Psalm 119:18
"Open my eyes that I may see wonderful things in your law."

## Practical Steps for Understanding

## the Bible:

1. Choose a readable translation.
2. Start with the books that are easier (gospels) before trying harder books.
3.Try a Study Bible.
(Explanatory notes can help.)
4.Ask for help.

## Rewind- Gems from the Old Testament <br> David Rhodes- Psalm 119

## Psalm 119:105

"Your word is a lamp for my feet, a light on my path."

## Psalm 119:147-148

"I rise before dawn and cry for help; I have put my hope in your word. ${ }^{148} \mathrm{My}$ eyes stay open through the watches of the night, that I may meditate on your promises."

## Psalm 119:111-112

"Your laws are my treasure; they are my heart's delight. ${ }^{112}$ am determined to keep your decrees to the very end."

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