

The Battle for the Mind  
Don Williams February 6, 2022

John 8:32

*"You will know the truth and the truth will set you free."*

**My thought life today will determine my real life tomorrow.**

Philippians 4:8

*"Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things."*

Romans 12:2

*"Do not conform to the pattern of this world, but be transformed by the renewing of your mind."*

Colossians 3:2

*"Set your minds on things above, not on earthly things."*

Philippians 2:5

*"Have this mind among yourselves, which is yours in Christ Jesus..."*

Proverbs 23:7

*"For as he thinks in his heart, so is he."*

2 Corinthians 10:3-5

*"For though we walk in the flesh, we do not war according to the flesh. <sup>4</sup> For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, <sup>5</sup> casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ"*

**Doing Battle**

**1) Assess your thought-life**

Worried		Peaceful
1 2 3 4 5 6 7 8 9 10		
Negative		Positive
1 2 3 4 5 6 7 8 9 10		
Worldly		Eternal
1 2 3 4 5 6 7 8 9 10		

**2) Identify your greatest stronghold**

**3) Use Truth as your weapon**

Stronghold:

I am not enough.

**Truth**

2 Peter 1:3

*"His divine power has given us everything we need for a godly life through our knowledge of him who called us by his own glory and goodness."*

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